

# TOOLBOX TALKS

## Fall Protection

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*Toolbox Talks are intended to facilitate health and safety discussions on the job site. For additional Toolbox Talks, please visit SAFETY.CAT.COM™.*

### TOPIC: Fall Protection

#### Be Aware

- Identify all potential tripping and falling hazards before working
- NEVER jump from any height
- Look for fall hazards such as unprotected floor openings or edges, shafts, skylights, stairwells, and roof openings

#### Use Protective Equipment

- Select, wear, and use the appropriate fall protection equipment for the task
- Inspect fall protection equipment for defects before use

#### Use Ladders and Stairs Safely

- Be sure all ladders are in safe working order before using them
- Secure and stabilize all ladders before climbing them
- Never stand on the top rung or step of a ladder
- Use handrails when going up or down stairs
- ALWAYS maintain three points of contact when climbing ladders or stairs

#### Practice Good Housekeeping

- Keep cords, welding leads, and air hoses out of walkways or adjacent work areas

Discussion Date: \_\_\_\_\_

Employee Participants:

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