

Toolbox Talks are intended to facilitate health and safety discussions on the job site. For additional Toolbox Talks, please visit SAFETY.CAT.COM™.

TOPIC: Personal Protective Equipment

Eye And Face Protection

Choose eye and face protectors based on the kinds of hazards you may encounter. Safety glasses or face shields should be worn when:

- Working operations could cause foreign objects to get in your eyes (like welding, cutting, grinding, and nailing).
- You are working with concrete and harmful chemicals.
- You are exposed to electrical hazards—including working on energized electrical systems.
- You are exposed to flying particles.

Foot Protection

- You should wear work shoes or boots with slip-resistant and puncture-resistant soles.
- Safety-toes footwear is worn to prevent crushed toes when working around heavy equipment or falling objects.

Hand Protection

- Always wear proper gloves for the work conditions.
- Gloves should fit snugly.

Head Protection

Wear hard hats—in good condition—when there is potential for:

- Objects falling from above.
- Bumps to the head from fixed objects.
- Accidental head contact with electrical shock.

Hearing Protection

- Use earplugs/earmuffs in high noise work areas where chainsaws or heavy equipment are used.
- Clean or replace earplugs regularly.

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Personal Protective Equipment

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Employee Participants:				

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